

THE SILVER UPDATE

A Publication for
Active Senior
Citizens
Volume 2025•
Issue 3



Center Huntington County Council on Aging/Senior

An affiliated Agency of United Way of Huntington County & partially funded by Aging and In-Home Services of Northeast Indiana.

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NEW DATE
NEW VENUE

2025

Senior Expo

Thursday

May 22nd

From 8am to 1:30pm

The Fieldhouse
Huntington University

Mission Statement: Huntington County Council on Aging mission is to help older and disabled residents of Huntington County to facilitate a lifestyle of dignity and independence

Visit Our Website: www.huntingtoncountycoa.org



Senior Center
Kathy Zumbrun
Joseph Stayner
Bill & Carmen Oswalt
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GAS Sponsor
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Building Fund
Roberta Pringle
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HAT

Phyllis Minton Bill & Diane Sherbahn
Mary & Marland Sell Judy Cline

Van Fund - Zahm Trailer Sales Inc

KROGER COMMUNITY REWARDS PROGRAM

If you have a Kroger Plus Card, please sign up for the community rewards program.

IT COSTS YOU NOTHING and doesn't affect your benefits. Even if you have designated a community charity in the past, you need to renew or designate a new charity each April/May.

Huntington County Council on Aging number is 20669.

Proceeds go to our Building Fund.



LOANER EQUIPMENT

We have wheelchairs, walkers, commodes and shower chairs for short term loan. Our policy is to loan for **three months** at a time, renewals are accepted with a phone call. There is a \$25 (**CASH** only) refundable deposit for wheelchairs and knee scooters. *Please note: The deposit will be forfeited if the equipment is not returned within the 3 months.*

*As equipment is not stored on our premises, **Please give us 24 hours notice.***

Contact the Senior Center at 359-4410 for a short term loan

Volunteers

Chris Tester
Mary Ann Eller
Jeanne Chavis



Bob Stickler,
Bob Weinley,
Steve King
Max Sell,
Greg Hamilton



1 Lora LaCroix
 3 Lee Double
 3 Sandy Ditton
 4 Jim Dinius
 4 Norma Fisher
 7 Nancy Paul
 9 Joann Easterday
 9 Eddie Okuly

10 Kathie Wilson
 10 Mary Ann Fuller
 13 Mona Spencer
 14 Angie Sapp
 19 Glenda McDowell
 20 Gerald Eckert
 21 Cindy Koch
 25 Maxine Firnhaber
 26 Susan Hiple
 31 Donna Craig
 10 JoAnn Tardy
 11 Vicky Christman
 14 Dorothy Cutting
 16 Arlene Lasley
 20 Jill Zickafoose
 21 Maggie Harris
 23 Karen Rushing
 25 Marsha Timbers
 27 Carl Turner
 31 Angie Pearson

"Youth is a gift of nature ...
 but Age is a work of art"



Day Trip
 Tuesday, March 25

TO Ivanhoe, Upland, IN known for



its selection of 100 different
 sundaes and shakes and the
 best Strawberry shortcake in
 Indiana.

The lunch menu includes
 Hamburgers, Cheeseburger,
 Pizzaburgers, Sandwiches, Fish

Fillet, Grilled Tenderloin, Hand breaded
 Tenderloin, and Chicken sandwiches.

This day trip is \$12.00 for Transportation.
 Lunch cost will be your own.

*You need to register by Tuesday, March 18th
 Registration fee due at time of registration.*

Leaving at 10am Returning 1pm

Is visiting Iceland and experiencing the Magical Northern Lights on your Bucket List?



Join Huntington County council on Aging and Collette tours on their trip to Iceland September 26 – October 2 2025

7 Days \$4899 triple
\$4949 double
\$5449 single

Included in Price: Round trip air from
Baer Field, Air taxes & fees/
surcharges. Hotel transfers
11 meals - 6 breakfasts. 5 dinners



For More
Information
Call
Dick at the
Senior
Center
260-359-4410



[illegible]



Lunch & Learn

Mark Tipmongkol, a Financial Advisor with First Command Financial Services will be presenting the Five Timeless Investments Principles and discussing that investing can be complicated – but doesn't have to be. Though success is never guaranteed, it is often the natural consequence of consistently applying proven fundamentals. He will share Investment principles that are both proven and easy to apply. How to invest for long term goals, putting time on your side, dealing with the up and down market, and how to manage risk.

Lunch will be served at 11:30 followed by the Presentation. ***COST \$3 due with registration*** Limited to 40 people. Register at 260-359-4410

Bing Crosby reminds us that no matter how rainy your days are, a bright spring day is waiting for you:

Life is not a highway strewn with flowers
 Still, it holds a goodly share of bliss
 When the sun gives way to April showers
 Here's the point you should never miss
 Though April showers may come your way
 They bring the flowers that bloom in May
 So if it's raining, have no regrets
 Because it isn't raining rain, you know
 It's raining violets
 And when you see clouds upon the hills
 You soon will see crowds of daffodils
 So keep on looking for a bluebird, and listening for his song
 Whenever April showers come along
 And when you see clouds upon the hills
 You soon will see crowds of daffodils
 So keep on looking for a bluebird & listening for his song
 Whenever April showers come along

Wednesday, March 26 Carry In Lunch

at Noon

Don't forget to sign up with
Jenny in the office or call in
on 260-359-4410



Get your creative juices flowing

And make an Easter Bonnet to
wear to April's Carry In Lunch
on April 23rd



Not one of us can rest, be happy,
be at home, be at peace with
ourselves — until we end hatred
and division John Lewis



**Markle Health
& Rehab**

Invite you to

St Patrick's Day Lunch

**At the Senior Center
March 11th**

**Lunch will be
served at 11:30**

Numbers are limited.

To reserve

**your spot, call
260-359-
4410**



Taken from Letters from Life: Words to feed your heart and soul. Becky Hemsley

Artwork by DianeLeonardStudios

I looked up the word 'yellow' the other day and found so many shades of yellow that they had been distinguished by words like :

gold

honey

daffodil.

I found words like fire and sand and champagne and lemon and sunbeam - and I even found a song.

Now, imagine someone telling yellow that it's 'just yellow'.

When yellow is a sunbeam and a daffodil and fire.

When yellow is a song.

Without yellow, we couldn't make orange and we couldn't create green and our world would be far less colorful because of it.

Yellow's true colors are not limited to one thing.

And neither are yours.

Some days you are dark and fiery and intense.

Some days you are rich and bright and vibrant.

Some days you are buttercups and dandelions and some days you are champagne and a song.

And without you, someone's life would be far less bright and far less beautiful. You are you as yellow is yellow.

And the world needs you.

Because, no matter what you think, you are not 'just you'.

You are so much more.



The Earth
Laughs in
flowers :

Ralph Waldo
Emerson

Namaqualand wild flowers
Southwestern Africa



Wild Wednesday



Admission \$4.00

Cash only

Free donuts,
Juice/Coffee.
Discounted Rates on
Popcorn and Soda.
PLUS DOOR PRIZES



A morning at the Movies for folk
50 years and Older.
Huntington 7 Theater.
350 Hauenstein Road
Doors open at 8:30
Movie starts at 9:30

Need a ride to the movies?

Call HAT 260-356-3006

**Rides must be scheduled by
noon the day before pickup**



WILD WEDNESDAY PARTNERS
Huntington Senior Center (HCCOA)
Waters of Huntington
Markle Health & Rehab

MOVIE CO-SPONSORS
Source One Insurance
Heritage Pointe Communities
Church Funerals Direct

DOOR PRIZE SPONSOR

Paradigm Health

DONUT SPONSOR

COFFEE SPONSOR

The Trading Post



This month's movie, The unbreakable boy, is based on the book: "The Unbreakable Boy: A Father's Fear, a Son's Courage, and a Story of Unconditional Love", authored by Scott Michael LeRette and Susy Flory, it is based on a true story. When Scott and Teresa learn that their son, Austin, is autistic and has brittle bone disease, they initially worry about his future. However, with Scott's growing faith and Austin's incredible spirit, they become unbreakable as they find joy, gratitude and courage in the most trying times. What makes him truly unique is his joyous, funny, life-affirming world view. Unbreakable is the closest to what reality would be if superheroes really existed.

ACTIVITIES

At the Senior Center, 500 MacGahan St
Huntington. All welcome to join in the
activities ... make new friends or get to



Walk in the gym
every morning from
8to 9. Everyone is
welcome!

Indoor Walking Classes
every **Tuesday 10 —11**.

Join this group of walkers for a fun,
interactive **walking class**.

**Line Dancing & Chair
Aerobics**. Every **Monday,
Wednesday & Friday**

Line dancing: 10 - 10:30
Dyna Band Exercise in
chairs: 10:30 -11:00

This is a low impact exercise that
helps keep you active and healthy.



DOMINOES



Thursday at 10am

Thursdays 1:30

\$3.00 For 5 Cards

March Bingo Sponsors
To be an-



Join the group of
Euchre players on
Fridays, 1:00 pm
\$1.00
Tell your friends.

BOARD MEETING - Huntington County Council
on Aging Board Meeting will be held on
Tuesday 25th March at **5pm** in the at the
Central Christian Church. 500 MacGahan St.

ALZHEIMER'S ASSOCIATION

Of Greater Indiana, Huntington support Group for
caregivers of patients with all kinds of dementia
meets the first **THURSDAY** of every month from
5-6pm at Christ The King Episcopal Church. 1224 N
Jefferson St. Call Nancy at 260-450-7077 .



Jeanne Lewis RN

Will be at the Huntington
Senior Center.
500 MacGahan St.
for **foot care Monday**
March 24th

By Appointment only.

COST \$35

Call 260-359-410 to schedule.



Don't forget
to come check
out our
assortment of
Books and
Puzzles
available
for loan



March Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am & Chair Aerobics 10:30—11:00 am	4 Walking Group 8:00—9:00 am Walk-A-Mile in 15 minutes 10:00 am	5 Walking Group 8:00—9:00 am Line Dancing 10:00—910:30 am Chair Aerobics 10:30—11:00 am	6 Walking Group 8:00—9:00 am Dominoes 10:00am Bingo 1:30	7 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am Chair Aerobics 10:30—11:00 am Euchre 1:00 pm
10 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am & Chair Aerobics 10:30—11:00 am	11 Walking Group 8:00—9:00 am Walk-A-Mile in 15 minutes 10:00 am St Patrick's Day Lunch 11:30	12 Walking Group 8:00—9:00 am Line Dancing 10:00—910:30 am Chair Aerobics 10:30—11:00 am	13 Walking Group 8:00—9:00 am Dominoes 10:00am Bingo 1:30	14 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am Chair Aerobics 10:30—11:00 am Euchre 1:00 pm
17 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am & Chair Aerobics 10:30—11:00 am St Patrick's Day	18 Walking Group 8:00—9:00 am Walk-A-Mile in 15 minutes 10:00 am Lunch & Learn Lunch at 11:30	19 Walking Group 8:00—9:00 am Movie Doors open 8:30 Starts 9:30 Line Dancing 10:00-10:30 am Chair Aerobics 10:30—11:00 am	20 Walking Group 8:00—9:00 am Dominoes 10:00am Bingo 1:30 	21 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am Chair Aerobics 10:30—11:00 am Euchre 1:00 pm
24 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am & Chair Aerobics 10:30—11:00 am Foot Care	25 Walking Group 8:00—9:00 am Day Trip Leave Snr Center at 10am Walk-A-Mile in 15 minutes 10:00 am	26 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am Chair Aerobics 10:30—11:00 am Carry In Lunch Noon	27 Walking Group 8:00—9:00 am Dominoes 10:00am Bingo 1:30	28 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 m & Chair Aerobics 10:30—11:00 am Euchre 1:00 pm
31 Walking Group 8:00—9:00 am Line Dancing 10:00-10:30 am Chair Aerobics 10:30—11:00 am				

HUNTINGTON COUNTY COUNCIL ON AGING, INC.



Jessica Huscher, Executive Director
500 MacGahan Street
PO Box 5204
Huntington, IN 46750
260-359-4410, 1-800-491-3006

PRSTD STD
U.S. POSTAGE PAID
PERMIT NO. 828
HUNTINGTON, IN. 46750

ADDRESS SERVICE REQUESTED

**"YOUR BEST LOCAL
RESOURCE FOR
SENIOR SERVICES IN
HUNTINGTON COUNTY"**



**Huntington County
Council on Aging**



Cut out this coupon, complete the information and mail
with donation to:

**Huntington County Council On Aging
PO Box 5204
Huntington IN 46750**

Huntington County Council on Aging is a not-for-profit agency, receiving funds from the Older Americans Act, provided through Aging and In-Home Services of Northeast Indiana, Huntington County, United Way of Huntington County, Indiana Department of Transportation, fund-raising events, program donations, private donations and your generous contributions.

Your continued support allows this agency to serve the elderly and disabled citizens of Huntington County

☐

I would like to support the various programs offered by Huntington County Council on Aging

Please use my donation to support
_____ Senior Center _____ Building Fund _____ HAT
or
This donation was made in memory of _____

Please send acknowledgement to:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____